

Ephesians: Reaching Higher
13 Building Together
Ephesians 4:14-16
June 4

14 so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. **15** Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, **16** from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Ephesians 4:14–16

Truth and Love are Unbeatable

1. Discuss the difference between being “rooted and grounded in love” and being “children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.” What will each of these look like in everyday life?
2. Discuss the ways in which every wind of doctrine, human cunning, and craftiness in deceitful schemes destabilize a person’s life.
3. Why is it important that truth and love are properly defined? Use 1 John 4:10 in this discussion.

Jesus is the Source and the Goal

4. Discuss why what we are pursuing in growth is the most important.
5. Discuss what it means to “grow up in every way into Him who is the head, into Christ.” How does this limit our focus in some ways?
6. Discuss how spirit and soul are both affected by following Christ. Use James 1:21 in this discussion.

We Are Responsible for Our Efforts

7. Discuss why we aren’t able to grow up into Christ adequately in isolation. Use Ephesians 4:16.
8. What are some ways we can fulfill Hebrews 10:24
9. Last week pastor Roger asked the question: How are others benefitting from my growth in Christ? How does this week’s question: What is my role in functioning properly within the Body further last week’s question?